



I am Dr Chan K.X, Family Medicine Specialist from Chye Clinic, Kepong. I have four staff nurses with me. We are dealing with a dreadful pandemic right now that has cost thousands of human lives so far. A teeny tiny virus has crossed all the borders and taking the world by storm and killing people irrespective of their nationalities, their religions, their social status, and their wealth. This virus has challenged all of humanity and waged war against us. A WAR that can only be won by standing up for each other, the

rich helping the poor, the strong standing up for the weak. A WAR that can only be won by staying home, by staying clean, by keeping surroundings and others clean.

We wear these protective clothing every day to protect ourselves because by protecting yourself, you can protect others.

So People of Malaysia, PLEASE respect and follow the Movement Control Order and stay in your houses, use masks if you have to go out, properly wash your hands because it's not about you, it's about the people you love, it's about Malaysia. And please be honest with frontliner; if you have any travel history or contact history, just tell that to your Doctor, JUST BE HONEST with your doctor because just because of your fear of diagnosis several other people at risk. Be a strength of society in these critical times, not a liability.

Although high-risk exposure, yet we continue to open our clinic to reduce the burden on Govt. Hospitals. We DIY personal protective gear. We protect ourself first before treating other.

In the end, I'd love to thank and appreciate all the frontline doctors, frontline nurses, frontline security forces and every person who is trying to save us, who is fighting on our behalf. They are actual superheroes and a grand salute to them all. We, Malaysians, are thankful to you guys and are incredibly proud of you. Power and Prayer to you. God bless 🙏🙏🙏

Dr. Chan Kok Xian (MD, MAFP/FRACGP)

Family Physician

Chye Clinic, Kepong Baru

27th March 2020

我是曾国贤医生，是一位家庭专科医生。我有四个护士。我们来自蔡氏医务所。如今，我们大家正面对一种可怕的流行性病毒的威胁，迄今为止更是已造成无数人失去了性命。微小的病毒正越过边界，席卷全球，危害着各国人民，不论宗教，社会地位和财富。病毒挑战着全球人类，并向我们发动了一场看似无尽战争。

这是一场只能通过我们相互协助，富人帮助穷人，强者帮助弱者，来战胜的战争；

这是一场只能呆在家里，通过保持个人，周围环境和他人的清洁才能赢得的战争。

我们每天都穿着这些防护服来保护自己，因为只有保护好自己，我们才有能力再去保护其他的人。

因此，我在此呼吁全马来西亚人民请正视并遵守政府所宣布的行动管制令，留在你的家中，如果你有必要外出，请戴好口罩，经常洗手，因为这不只是与你有关，更是关系着你爱的人，和我们的国家。

请对你的医生诚实；如果你有相关旅行或接触史，只尽管诚实告诉你的医生。不要试图去掩盖它们，别因为你一个人的害怕而导致更多的人陷入危险之中。在这些关键时刻，请你成为社会的力量，而不是负担。

尽管承担着高风险，但我们的诊所仍继续营业以减轻政府医院的负担。我们为自己DIY了个人防护装备，因为在治疗他人之前，我们的首要任务，是先保护好自己。

最后，我要感谢和致敬所有前线医生、护士、军警人员以及每个在此时此刻为拯救国家而奋斗的人。他们都是所有大马人心中的超级英雄。全马人民对你们表示感谢，为你们感到骄傲，并会一直为你们为加油和祈祷，希望早日共同战胜疫情，为大马赢来曙光！🙏🙏🙏

曾国贤医生

家庭专科医生

蔡氏医务所， Kepong Baru

27th March 2020

#StaySafe #StayHome #COVID19 #CORONAVIRUS #PANDEMIC

#WeStayAtWorkForYou #YouStayHomeForUs #COVID19Fighter