

请多多分享和留言: "在 MCO 的时期, 您有得到什么感触吗?"

自去年从李医生手中接过诊所后, 我就再也没有多余的时间去阅读和增进我的知识了。虽然我在去年考到了家庭专科医学的专业考试, 但这并不意味着我不需要再去进步自己。

我想说, 成为一名专科并不会让你变成一位英雄, 或是什么都精通, 又甚至是称得上是一个好医生。对于我来说, 要成为一名好医生, 首先要成为一个谦虚的人。你必须全心全意地去对待每一位包受病痛的人, 而不是像对待实验室里的老鼠一般。医疗方面的照顾必须是全面的、持续的, 包括在身体上, 精神上以及情绪上。



为了跟上不断变化的医学世界, 我们必须不断地去更新我们的知识。我们必须及时承认自己的错误, 才能使我们成为更好的医者和学习者。一名好医生应该像对待他的亲人那样对待他的病人。是的, 我们必须向病人收费来支付门诊的费用, 但是, 对一些不必要的项目收费, 比如治疗头痛的补品、感冒鼻塞的抗生素, 这些都可能让你赚取更多的钱, 但也将让你逐渐变成一位不道德的医生。

我告诉自己, 治疗我的病人的最好方法是用广博的知识武装自己, 毕竟没有最新和充分知识的医生是非常危险的。在 MCO 期间, 大部分诊所的收入都会减少 70%, 包括我自己的诊所。当然, 其他行业也陷入了困境。为了生存, 许多诊所发挥了许多创意来

维持他们的生意, 包括 Drive-thru 婴儿疫苗和药物递送。

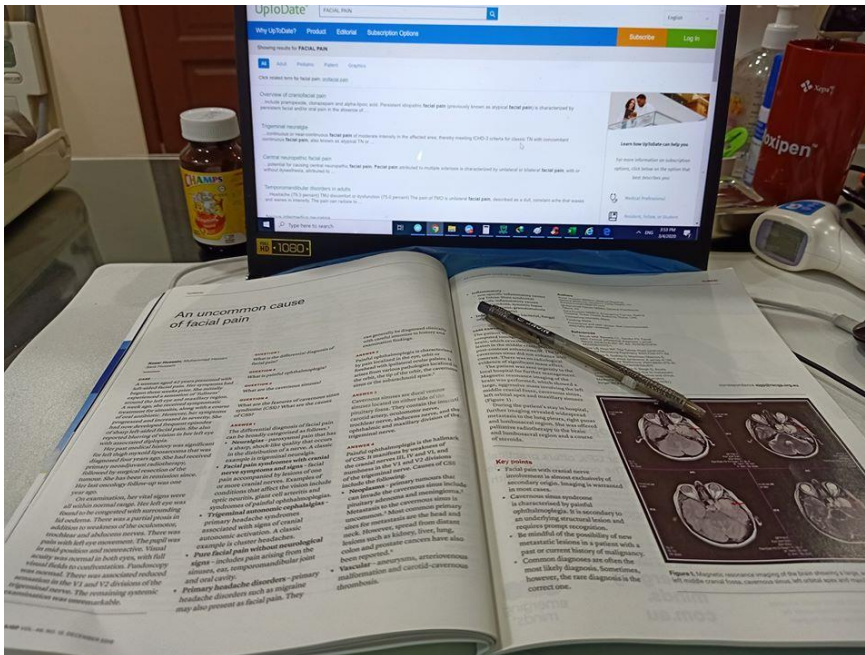
除了这些经济上的损失, 我想, 在乐观的程度, MCO 在某方面对我们来说也是有益处的。MCO 是一个很好的时期, 让我可以来重新打开医学书籍, 刷新和完善我的知识。现在是我休息, 给自己充电, 走得更远的时候了。每一次危机, 其实都是一个审视并从中塑造更好自己的机会。所以, 马来西亚人不要灰心丧气, 保持乐观, 帮助你的同胞, 团结一致, 待在家里。终有一天, 我们将走出黑暗, 我们将会再次崛起, 我们将会再次闪耀。👍👏🙏

曾国贤医生
6/4/2020
蔡氏家庭专科医务所

How MCO benefit you from another point of view?

After taking over the clinic from Dr. Lee last year, I have never been free to read and revise my knowledge. Though I cleared my Family Medicine Specialization exam last year, it doesn't mean that I am aware of everything.

Being a young specialist doesn't make you a hero or all-knowing or even a good doctor. To have what it takes to be a GOOD DOCTOR, we should become a humble person first, and then we should treat the patient as a whole, AS A BEING, not like some laboratory rat. Medical care must be comprehensive, continuous, and must encircle all the domains of health, i.e., physical, mental, and emotional.



To keep up with the growing world of medicine, we have to keep our knowledge updated. We must admit our mistakes, which makes us a better doctor as well as a good learner. A good doctor should treat his patients the same way he wants his loved ones to be treated. Yes, we must charge the bills from the patient to pay clinic expenses but, charging for unnecessary items such as giving out supplements to treat headaches and prescribing antibiotics to treat running nose may make you earn more money but, such acts make you an unethical doctor.

I tell myself that the best way to treat my patient is to equip

myself with vast knowledge. A doctor without up-to-date and evidenced-based knowledge is dangerous. During MCO, most of the clinics are facing a 70% reduction in income, including my own. Other industries are in trouble as well. To survive, many clinics came out with many creative ideas to sustain their business, including drive-thru baby vaccine and medication delivery.

Apart from all the losses, this MCO is also quite beneficial in some ways. I find this MCO a good time for me to re-open the medical books and to refresh and polish my knowledge. Now is the high time for me to rest, to recharge myself, and to go further. Every crisis is an opportunity to look upon oneself and carve a better person out of it. So, MALAYSIANS do not feel low, stay optimistic, HELP YOUR FELLOWS, AND STAND TOGETHER BY STAYING HOME. ONE DAY WE WILL WALKOUT FROM THE DARKNESS AGAIN. WE WILL RISE AGAIN; WE WILL SHINE AGAIN. 🙏🙏🙏

Dr. Chan K.X
Family Physician (MAFP/FRACGP, Australia)
Chye Cline, Kepong Baru